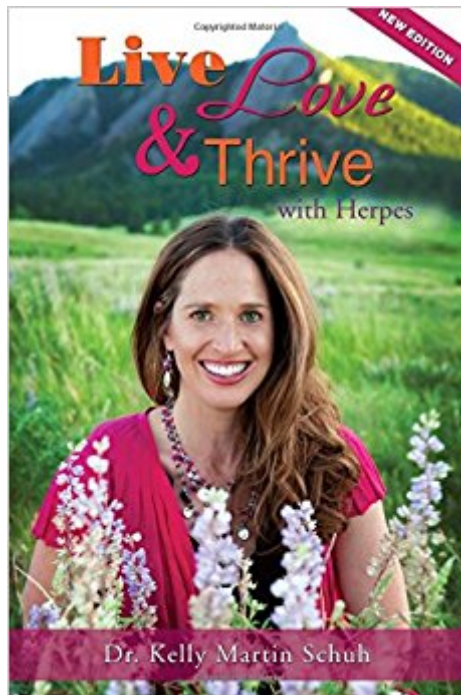




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# Live, Love And Thrive With Herpes: A Holistic Guide For Women



## Synopsis

Live, Love, and Thrive with Herpes is a revolutionary approach to living with herpes. You will learn how to decrease your outbreaks naturally and how to overcome the emotional trauma of this unfairly stigmatized diagnosis. Meditations and exercises will assist you in your journey to overcome grief and practice forgiveness, healing from the inside out. You will discover: - The top ten triggers your doctor never told you about - Key components of nutrition and detoxification - How to reclaim your feminine power and embrace your sexuality - How to enter intimacy with integrity and authenticity - Dr. Kelly's simple four-week Self-Care Plan for success

## Book Information

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## Customer Reviews

Dr. Kelly Martin Schuh, DC, is an best-selling author, speaker, and women's empowerment coach. As a doctor and woman who has lived with herpes for 20 years, Dr. Kelly brings compassion, light, and a world of possibilities to those who suffer from herpes. Join her Pink Tent's virtual community and discover the hope, healing and happiness you deserve at PinkTent.com.

Dr. Kelly eloquently presents a honest and realistic depiction of the emotional and physical experience endured by women with herpes (HSV) infection. My research on HSV screening and diagnosis in the U.S., demonstrated that the primary impact of HSV on women's lives stems from emotional trauma and social stigma (which is intensified when combined with chronic physical symptoms). Drawing from personal experience and her clinical training, Dr. Kelly offers a unique

combination of professional and personal insight to highlight the importance (and benefits) of a holistic approach to accepting, and healing, from a HSV diagnosis. She outlines an alternative path which women can follow as they identify and reconstruct their sexuality, while strengthening their inner self, on their journey to healing. I would strongly encourage any woman embarking on the path to healing from a HSV diagnosis to read this book! Partners of those with HSV, clinicians, and sexual health researchers would also strongly benefit from the wealth of clinical knowledge, and accurate information presented by this comprehensive overview of HSV. Annie Kiel, MPH  
Boston University School of Public Health

Before this book, I felt powerless and uneducated to the disease, now I feel empowered and hopeful. Great read. This disease isn't the end, it's the beginning of finding myself, learning my body, mind and living a healthier lifestyle.

Love this book! Breaks down the stigma of herpes and helps you to feel so not alone. The stigma is worse than the reality. Helps you to realize it is a manageable skin disease.

At a time when I needed lots of information and support this book was invaluable!!! I recommend it to anyone who is coming to terms with Herpes!

Absolutely love Dr. Kelly and her candid take on the HSV virus. Such important information for anyone with the virus or just doing some general soul searching. Her holistic approach makes so much sense.

This is a great and helpful guide from a doctor who genuinely is supporting and loving. The product arrived on time!

Well written, down to earth and easy to follow. Instructive. Gives hope to those suffering as she did.

So helpful

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Herpes: Herpes Cure: The Natural Herpes Cure Method To Eliminate Genital Herpes For Life!  
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Methods (Herpes Cure, Herpes Protocol, Herpes Cure Treatment, Herpes Treatment, Herpes Zoster, Herpes Simplex Virus) Herpes: for beginners - Herpes Cure - Herpes Remedy -Genital Herpes (Herpes Cure - Herpes Treatment - Herpes Therapy - Herpes Remedies Book 1) Herpes: 50 Ultimate Herpes Cures: How to eliminate Herpes for life and never suffer from outbreaks again (Herpes Treatment, Genital Herpes, Herpes Zoster, ... Cold Sore, Health, Herpes Protocol Book 1) Herpes: HERPES TREATMENT. HERPES CURE.: How to Finally Overcome Herpes and Cure Herpes Forever (Herpes Cure, Herpes Treatment) Herpes: The Ultimate Herpes Cure (Herpes, Herpes Cure, Herpes Treatment, Herpes Virus, Herpes Free) Herpes: The Ultimate Beginners Guide To Eliminating Herpes: How You Can Overcome Herpes And Finally Enjoy Your Sex Life (Herpes, Cold Sore, How To Cure ... Cure, Genital Herpes, Herpes Simplex,) The Herpes Cure: Permanent Solutions To Treating Herpes (Cold Sore, Genital Herpes Cure, Genital Herpes Book, herpes cure, cure herpes The Herpes Solution: How to Free Yourself of Genital Herpes... for Good! (Genital Herpes Book, Cold sores, genital herpes, genital herpes cure, genital herpes treatment) Herpes: Herpes Cure: A Complete Guide To The Medical And Herbal Treatments For The Herpes Simplex Viruses (Herpes, Genital Herpes, Cure) The Herpes Cure: Ultimate Guide To Herpes Cure And Be Free Of Herpes Forever: Herpes Treatment, Skin Care, Self Care, Free Herpes Herpes: Herpes Cure: Treatments for Genital Herpes and Oral Herpes, Diagnostic Techniques and How to Stay Herpes Free for Life (Health and Fitness Book 2) Live, Love and Thrive with Herpes: A Holistic Guide For Women The Herpes Cure: Obliterate the World's Most Annoying and Exaggerated Virus and Finally Cure Herpes (Second Edition, Developed Life Health and Wellness ... Herpes Prevention, Herpes Cure) Book 1) The Herpes Cure: Treatments for Genital Herpes and Oral Herpes, Diagnostic Techniques and How to Stay Herpes Free for Life Herpes Treatment: Prevent Recurring Outbreaks And Heal Herpes Naturally (Herpes Books, Cold Sore, Immune System Boost, Virus Outbreak, Herpes Simplex) Quick and Permanent Cure for Herpes: Natural Herpes Remedies That Proven to Destroy the Herpes Virus! Herpes Free Guarantee: How I Got Rid Of Herpes Completely Without The Use Of Drugs. Follow These Simple Steps And You Can Be Herpes Free (Cold Sore, Skin ... Simplex, Sexually Transmitted Disease, STD) HERPES: Genital Herpes and Oral Herpes: Symptoms, Diagnosis, Treatments, Pregnancy, Newborn, Preventions, Self-Care, Counseling, Research Treating Herpes Naturally With Larrea Tridentata: an Effective, Natural Remedy for Cold Sores, Genital Herpes, Shingles, Chickenpox, Epstein-Barr, and Other Herpes Outbreaks

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